

## Holy Gnan Verses Pertaining to Shukr-Vaari Beej from Pir Shams's Saloko Moto

Ya Ali Madad! The practice of fasting for a spiritual cause has a very, very long history. This can be traced from the 'Hasna Puri' granth composed by Pir Hasan Kabirdin (r.a.). Pir says that in the first age (Karta Jug), fasting was observed on Tuesday (Verse 13); in the second age (Tetra Jug), it was observed on Sunday (Verse 51); in the third age (Duapur Jug), it was observed on Monday (Verse 121); and in this fourth age (Kal Jug), it is being observed on Friday (Verse 144).

Shukr-vaari Beej is observed when the night of the new moon (Chandraat) falls on Friday. Ismaili Muslims fast on this day and observe Chandraat with special prayers. The basis of this practice can be found in the following verses of gnan from Saloko Moto composed by Pir Shams (r.a.).

Sa**tgur** Kahere  
Sa**tnu** vrat**t** shukr-vaari beej chhe  
Ane baar pahor pura jaan  
Ar**dho** aahaar kari je raakhshe  
Te paamshe amar thaam re ..... 178

The True Guide says  
The vow of Truth is to observe shukr-vaari beej.  
The fast is for 12 pahor, i.e., 36 hours\*.  
Start your fast with a half filled stomach  
For this vow of Truth, you will gain the Eternal Abode

\*The **fast is compulsory** for all able bodied persons and, at present, the period of fasting is **12** hours instead of 36 hours.

Sa**tgur** Kahere  
Saheja **da**anaj **dj**iye  
Ane **dj**e gat gur mukhe jaan  
Va**ri** gat maa(n)he shukr-vaaru beej chhodsho  
To paamsho moksh **dida**ar re ..... 179

The True Guide says  
Offer charity and submit tithe from pure incomes  
Break the fast in Jamat Khana\*  
For this act of piety, you will attain salvation and didar

\*At the present, the fast is broken at 6.00 pm in some parts of the world. The latitude to break the fast at 6:00 pm rather than with aab-e shifa in Jamatkhana is not automatic and has only been instituted in some Jamats and even then, only with the permission of the Mukhi saheb. In many of the world jamats, roza continues until broken in Jamatkhana, as has always been the traditional practice.

Sa**tgur** Kahere  
Chaar murate **dhramaj thaapiyo**  
Te sa**tgur** Brahmaji aapohi aap  
Shukr-vaari beej je **thaapshe**  
Tene moksh mooga**tnu(n)** thaam re ..... 183

The True Guide says  
The True Guide has established the order of religion  
throughout the four corners of the world  
It is indeed the True Guide, the Universal Soul,  
who has established this act of piety  
Those who observe Shukr-vaari beej will attain salvation

Sa**tgur** Kahere  
Shukr-vaari beej je koi kal maa(n)he **thaapshe**  
Ane **thaapshe** pure vishvaas  
Te jivne mooga**taj thaashe**  
Ane sahi **thaashe** amaaro **didaar** re ..... 184

The True Guide says  
If you observe and believe in shukr-vaari beej in this day and age, and if you fast  
with a clean and pure faith,  
then your soul will be freed from the bondage of this earth and you will be blessed  
with our didar

**Supplication:**

Ya Ali, Ya NOOR Mowlana Shah Karim Al-Hussaini Hazir Imam, create Sunshine in  
our hearts, light in our foreheads, and bless us all with the inner vision of the Truth  
on the auspicious occasion of Shukr-vaari Beej. Ameen.

Peace, light, barakat, taid and a 'golden noorani didar',  
Noorallah Juma

**Sources:**

**Transliteration:** Saloko Moto composed by Pir Shams. English transliteration of  
the Gujrati book originally published by the Ismaili Printing Press, Bombay.  
Anonymous author. Publication date not available. Book obtained through the  
ITREB Literature Desk in Edmonton, Alberta.

**Translation:** Festival and 50 ginans, Bavan Bodh, Sahi Samaraani and So Kriya:  
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Sachedina. 1993. Printed and published by Zulfiqar Publications, Calgary.